
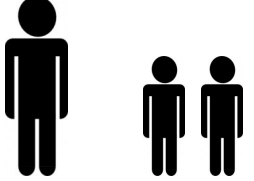

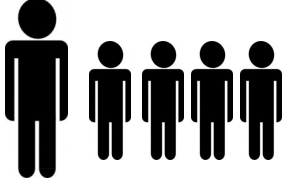
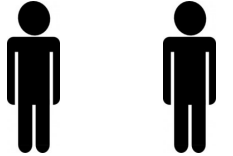


Admission Policy for Swims and Rentals

| Admission Age | Ratio of Parent/Guardian to Children | Criteria |
|---|---|---|
| Under 7 years of age  | 1 adult (16+) : 2 Children  | ALL Children under 7 must be directly supervised (within arms reach) of a parent/guardian who is 16 years of age or older and is limited to the two small pools (No big pool). |
| 7-9 years old  Red Bracelet | 1 adult (14+) : 4 Children  | Children 7-9 years old must pass the facility swim test to swim alone. If they cannot pass the facility swim test, they must be directly supervised (within arms reach) of a parent/guardian who is 14 years of age or older. |
| 10-13 years old Orange Bracelet | N/A | Children over 10 years of age may swim without adult accompaniment. |
| Special needs (Any age) | 1 adult (16+) : 1 person  | Swimmers with a disability or medical condition should be accompanied by an individual knowledgeable about their condition and responsible for their direct supervision. |

Facility Swim Alone Test

- Can be done at anytime
- 1 try per day
- Ages 7 to 9
- Swimming one width of the big pool (20m) using a front or back swim stroke
- Must be done independently, without stopping or touching the bottom and sides of the pool.

Facility Deep End Test

- Can be done at anytime
- 1 try per day
- Ages 7 to 13
- Swimming one width of the big pool (20m) using a strong front crawl motion.
- Must be done independently, without stopping or touching the bottom and sides of the pool.

Summer Swim Schedule

June 23 to September 7, 2026



| Admission Prices | One Swim | 10 Swim Card | 25 Swim Card |
|------------------|----------|--------------|--------------|
| Child | \$ 4.25 | \$ 37.25 | \$ 82.00 |
| Adult | \$ 6.50 | \$ 55.00 | \$ 120.00 |
| Senior (55+) | \$ 5.00 | \$ 41.75 | \$ 91.00 |
| Group (Max 5.) | \$17.50 | N/A | N/A |

All Swim Prices include H.S.T.

Check Out Our Website



Check Out Our Instagram




Includes The Following 3 Schedules...

1. June 23 – July 5
2. July 6 – August 31
3. Sept. 1 – 7

Questions? Call: 705 759-5419
 Email: johnrhodespool@cityssm.on.ca

Summer 2026 Swim Schedule #1

Tuesday Sept. 1 – Monday Sept. 7

| SWIM INFORMATION | Monday June 22 | Tuesday June 23 | Wednesday June 24 | Parent & Child Swim | Public Swim | SWIM INFORMATION |
|--|--|---|---|---|--|--|
| <p>Aquabics:</p> <p>Aquabics is a low impact, drop-in aqua fitness class for all ages! Classes are led by our trained instructors; however, participants may exercise at their own pace.</p> <p>Parent and Child Swim:</p> <p>Parents and children can play in our Beachfront and Lap Pools. If the child is not potty trained, they must wear a swim diaper.</p> <p>Lane Swim:</p> <p>Swimmers should swim in loop style in the proper lane (Slow, Medium, or Fast) to maximize the use of each lane. There are no reserved lanes.</p> <p>Lane Swim Legend:</p> <p>*W = Widths only in the deep end ** = 2 lanes</p> <p>Public Swim:</p> <p>Diving Board and Tarzan Rope are open for use!</p> <p>Questions?</p> <p>Call 705-759-5419 or email johnrhodespool@cityssm.on.ca</p> | <p>Please Refer to the Spring 2026 Swim Schedule</p> | <p>Lane Swim 6:00 to 7:30 am (5 lanes)</p> <p>Lane/Parent Child Swim 11:15 to 1:00 pm</p> <p>Aquabics/ Parent & Child Swim 2:15 to 3:30 pm</p> <p>Aquabics 7:45 to 8:45 pm**</p> | <p>Lane Swim 6:00 to 9:45 am (Widths 8:30-9:30am)</p> <p>Parent Child Swim 8:00 to 9:45 am</p> <p>Aquabics 8:30 to 9:30 am</p> <p>Lane/Parent Child Swim 11:15 to 1:00 pm</p> <p>Public Swim 6:30 to 8:30 pm</p> | <p>8:00 to 9:45 am 11:15 to 1:00 pm 6:00 to 9:00 pm</p> <p>11:15 to 1:00 pm 1:15 to 2:30 pm 6:00 to 7:30 pm</p> <p>8:00 to 9:45 am 11:15 to 1:00 pm</p> <p>11:15 to 1:00 pm 1:15 to 2:30 pm 6:00 to 7:30 pm</p> | <p></p> <p>2:30 to 4:00 pm</p> <p>6:30 to 8:30 pm</p> <p>2:30 to 4:00 pm</p> | <p>Aquabics:</p> <p>Aquabics is a low impact, drop-in aqua fitness class for all ages! Classes are led by our trained instructors; however, participants may exercise at their own pace.</p> <p>Lane Swim:</p> <p>Swimmers should swim in loop style in the proper lane (Slow, Medium, or Fast) to maximize the use of each lane. There are no reserved lanes</p> <p>Lane Swim Legend:</p> <p>*W = Widths only in the deep end ** = 2 lanes</p> <p>Parent and Child Swim:</p> <p>Parents and children can play in our Beachfront and Lap Pools. If the child is not potty trained, they must wear a swim diaper.</p> <p>Public Swim Info:</p> <p>Diving board and Tarzan Rope are open for use!</p> <p>Questions?</p> <p>Call 705-759-5419 or email johnrhodespool@cityssm.on.ca</p> |
| | <p>Monday June 29</p> <p>Lane Swim 6:00 to 9:45 am (Widths 8:30-9:30am)</p> <p>Parent Child Swim 8:00 to 9:45 am</p> <p>Aquabics 8:30 to 9:30 am</p> <p>Lane/Parent Child Swim 11:15 to 1:00 pm</p> | <p>Tuesday June 30</p> <p>Lane Swim 6:00 to 7:30 am (5 lanes)</p> <p>Lane/Parent Child Swim 11:15 to 1:00 pm</p> <p>Aquabics/ Parent & Child Swim 1:15 to 2:30 pm</p> <p>Public Swim 2:30 to 4:00 pm</p> <p>Lane/Parent Child Swim 6:00 to 7:30 pm</p> <p>Aquabics 7:45 to 8:45 pm**</p> | <p>Wednesday July 1</p> <p>CANADA DAY</p>  <p>Lane/Parent Child Swim 11:15 to 1:00 pm</p> <p>Public Swim 1:15 to 4:00 pm</p> | <p>8:00 to 9:45 am 11:15 to 1:00 pm 6:00 to 7:30 pm</p> <p>10:00 to 1:00 pm</p> <p>10:00 to 1:00 pm</p> <p>11:15 to 1:00 pm</p> | <p></p> <p>1:15 to 3:00 pm</p> <p>1:15 to 3:00 pm</p> <p>1:15 to 4:00 pm</p> | <p>Pool Closure:</p> <p>Tuesday Sept. 8 - Sunday Sept. 20</p> <p>Tentative re-opening date of Monday Sept 21</p> |


Summer 2026 Swim Schedule #2

Monday July 6 to Monday August 31

| Weekdays | Aquabics | Lane Swim | Parent & Child Swim | Public Swim | SWIM INFORMATION |
|---|---|---|--|-----------------|--|
| Monday | 8:30 to 9:30 am | 6:00 to 9:45 am *W 11:15 to 1:00 pm (6 lanes until 12) 7:00 to 9:00 pm | 8:00 to 9:45 am 11:15 to 1:00 pm 7:00 to 9:00 pm | | <p>Aquabics: Aquabics is a low impact, drop-in aqua fitness class for all ages! Classes are led by our trained instructors; however, participants may exercise at their own pace.</p> <p>Tuesday evening aquabics will be 1.25 hours!</p> <p>Lane Swim: Swimmers should swim in loop style in the proper lane (Slow, Medium, or Fast) to maximize the use of each lane. There are no reserved lanes.</p> <p>Lane Swim Legend *W = Widths only in the deep end ** = 2 lanes</p> <p>Parent and Child Swim: Parents and children can play in our Beachfront and Lap Pools. If the child is not potty trained, they must wear a swim diaper.</p> <p>Public Swim Info: Diving board and Tarzan Rope are open for use!</p> <p>Questions? Call 705-759-5419 or email johnrhodespool@cityssm.on.ca</p> |
| Tuesday | 1:15 to 2:15 pm 7:45 to 9:00 pm | 11:15 to 1:00 (6 lanes until 12) 4:45 to 6:15 pm (4 lanes) 7:45 to 9:00 pm* W | 11:15 to 1:00 pm 1:15 to 2:30 pm | 2:30 to 4:00 pm | |
| Wednesday | 8:30 to 9:30 am AQUA DANCE: 8:15 to 9:00 pm | 6:00 to 9:45 am *W 11:15 to 1:00 pm (6 lanes until 12) 8:15 to 9:00 pm* W | 8:00 to 9:45 am 11:15 to 1:00 pm | | |
| Thursday | 1:15 to 2:15 pm 7:45 to 8:45 pm | 11:15 to 1:00 pm (6 lanes until 12) 4:45 to 6:15 pm (4 lanes) 7:45 to 8:45 pm** | 11:15 to 1:00 pm 1:15 to 2:30 pm | 2:30 to 4:00 pm | |
| Friday | 8:30 to 9:30 am | 6:00 to 9:45 am *W 11:15 to 1:00 pm (6 lanes until 12) | 8:00 to 9:45 am 11:15 to 1:00 pm | | |
| Saturday | | 11:15 to 1:00 pm | 11:15 to 1:00 pm | 1:15 to 3:00 pm | |
| Sunday | 7:45 to 8:45 pm | 11:15 to 1:00 pm 6:00 to 7:30 pm 7:45 to 8:45 pm** | 11:15 to 1:00 pm 6:00 to 7:30 pm | 1:15 to 3:00 pm | |
| HOLIDAY HOURS: Civic Holiday Monday August 3, 2026 |  | 11:15 to 1:00 pm | 11:15 to 1:00 pm | 1:15 to 4:00 pm | |

Summer 2026 Swim Schedule #3

Tuesday June 23 – Sunday July 5

| Weekdays | Aquabics | Lane Swim | Thursday June 25 | Friday June 26 | Saturday June 27 | Sunday June 28 |
|--|---|---|---|--|---|---|
| Monday | 8:30 to 9:30 am | 6:00 to 9:45 am *W 11:15 to 1:00 pm 6:00 to 9:00 pm | Lane Swim 6:00 to 7:30 pm <i>(5 lanes)</i> | Lane Swim 6:00 to 9:45 am <i>(Widths 8:30-9:30am)</i> | | Lane/Parent Child Swim 10:00 to 1:00 pm |
| Tuesday | 1:15 to 2:15 pm 7:45 to 8:45 pm | 11:15 to 1:00 pm 6:00 to 7:30 pm 7:45 to 8:45 pm** | Lane/Parent Child Swim 11:15 to 1:00 pm | Parent Child Swim 8:00 to 9:45 am | Lane/Parent Child Swim 10:00 to 1:00 pm | Public Swim 1:15 to 3:00 pm |
| Wednesday | 8:30 to 9:30 am | 6:00 to 9:45 am *W 11:15 to 1:00 pm | Aquabics/ Parent & Child Swim 2:15 to 3:30 pm | Aquabics 8:30 to 9:30 am | Public Swim 1:15 to 4:00 pm | Lane/Parent Child Swim 6:00 to 7:30 pm |
| Thursday | 1:15 to 2:15 pm 7:45 to 8:45 pm | 11:15 to 1:00 pm 6:00 to 7:30 pm 7:45 to 8:45 pm** | Lane/Parent Child Swim 6:00 to 7:30 pm | Lane/Parent Child Swim 11:15 to 1:00 pm 6:00 to 7:15 pm | | Aquabics 7:45 to 8:45 pm** |
| | | | Aquabics 7:45 to 8:45 pm** | Sensitive Swim 7:30 to 9:00 pm | | |
| | | | Thursday July 2 | Friday July 3 | Saturday July 4 | Sunday July 5 |
| Friday | 8:30 to 9:30 am | 6:00 to 9:45 am *W 11:15 to 1:00 pm 6:00 to 7:30 pm | Lane/Parent Child Swim 11:15 to 1:00 pm | Lane Swim 6:00 to 9:45 am <i>(Widths 8:30-9:30am)</i> | | Lane/Parent Child Swim 10:00 to 1:00 pm |
| Saturday | | 10:00 to 1:00 pm | Aquabics/ Parent & Child Swim 1:15 to 2:30 pm | Parent Child Swim 8:00 to 9:45 am | Lane/Parent Child Swim 10:00 to 1:00 pm | Public Swim 1:15 to 3:00 pm |
| Sunday | 7:45 to 8:45 pm | 10:00 to 1:00 pm 7:45 to 8:45 pm** | Public Swim 2:30 to 4:00 pm | Aquabics 8:30 to 9:30 am | Public Swim 1:15 to 3:00 pm | Lane/Parent Child Swim 6:00 to 7:30 pm |
| HOLIDAY HOURS: Labour Day Monday September 7, 2026 |  | 11:15 to 1:00 pm | Lane/Parent Child Swim 6:00 to 7:30 pm | Lane/Parent Child Swim 11:15 to 1:00 pm | | Aquabics 7:45 to 8:45 pm** |
| | | | Aquabics 7:45 to 8:45 pm** | | | |