

## Levels are Based on Age as Well as Swim Ability

Please visit [johnrhodespool.ca](http://johnrhodespool.ca) to view the following resources:

### The Preschool and Swimmer Flow Chart:

This will assist those who have not been in lessons or have taken a break from lessons.

### Level Descriptions:

Check out our updated lesson descriptions to assist with selecting the appropriate level for your swimmer. Included in each description is...

- Fundamental skills needed to be successful in each level
- Pre-requisites
- Location (which pool the level will be taught in)
- Distance needed to be completed in relation to each pool (example: 1/2 of the lap pool)



## Online Registration

Register online at [johnrhodespool.ca](http://johnrhodespool.ca)

Login to your account before registration begins to ensure all information is up-to-date.

No additional spots are held for in-person registration. Class availability can be seen online on Monday June 8.

*Reminder: There are no make-up lessons for any cancellations due to unplanned closures.*

## Artistic Swimming

Beginners: Those who have not previously taken artistic swimming before. Swimmers will learn basic sculling, beginner figures & synchronization. A short routine will be created with a show for parents on the last day. Swimmers must be 9 years or older and completed Swimmer 3.

Intermediate: Those with previous artistic swimming can expand their skills by learning more advanced figures and highlights to showcase in their routines at the water show! Swimmers must be 9 years or older and completed Swimmer 4.

Any questions please call Julia 705-759-5387



## Want to be a Swim Instructor or Lifeguard?

Click on the "Lifesaving Courses" tab on our website to learn more about the process to becoming a swim instructor and/or lifeguard including courses .

## Questions?

Call: 705-759-5419  
Email: [johnrhodespool@cityssm.on.ca](mailto:johnrhodespool@cityssm.on.ca)

# John Rhodes Pool Daytime Swim Lessons Summer 2026



Online Registration Begins:  
Tuesday, June 16 at 8:00pm

In-Person Registration Begins:  
Thursday, June 18 at 9:00am



**SAULT  
STE. MARIE**

# Summer 2026 Daytime Swim Lessons: Classes Run Monday Through Friday

Swim Level	Class Length	Session #1 July 6-10	Session #2 July 13-17	Session #3 July 20-24	Session #4 July 27-31	Session #5 Aug. 4-7	Session # 6 Aug. 10-14	Session #7 Aug. 17-21	Session #8 Aug. 24-28
<b>Preschool 1</b> (3 to 6 years)	45 min	9:45, 10:30	9:45	9:45	9:45		9:45	9:45	9:45, 10:30
<b>Preschool 2</b> (3 to 6 years)	45 min	9:45, 10:30	9:45	9:45	10:30		9:45	9:45, 10:30	9:45
<b>Preschool 3</b> (3 to 6 years)	45 min	9:45, 10:30	9:45	9:45	9:45, 10:30		9:45	9:45, 10:30	9:45, 10:30
<b>Preschool 4</b> (3 to 6 years)	45 min	9:45			10:30		9:45		10:30
<b>Preschool 5</b> (3 to 6 years)	45 min	9:45						10:30	
<b>Swimmer 1</b> (6 years and older)	45 min	10:30	9:45	9:45	9:45, 10:30		9:45	10:30	9:45
<b>Swimmer 2</b> (6 years and older)	45 min	10:30	9:45	9:45	9:45		9:45	9:45	9:45, 10:30
<b>Swimmer 3</b> (6 years and older)	60 min		10:00		10:00			10:00	
<b>Swimmer 4</b> (6 years and older)	60 min	10:00						10:00	10:00
<b>Swimmer 5</b> (6 years and older)	60 min			10:00			10:00		
<b>Swimmer 6</b> (6 years and older)	60 min				10:00				10:00
<b>Private Lessons</b>	45 min		9:45	9:45	9:45, 10:30			9:45, 10:30	10:30
<b>Artistic Swimming</b> (Beginners)	2 hr						M,W,F: 1:00-3:00pm T, Th: 4:00-5:45pm		
<b>Artistic Swimming</b> (Intermediate)	2 hr		M,W,F: 1:00-3:00pm T, Th: 4:00-5:45pm						
<b>Rookie, Ranger, Star Patrol</b>	2 hr					9:30am - 11:30am (Tuesday to Friday)			
<b>Bronze Star</b>						9:30am - 11:30am (Tuesday to Friday)			
<b>Bronze Medallion</b>		10:30am - 2:30pm				9:30am - 3:00pm (Tuesday to Friday)			
<b>Bronze Cross</b>		9:30am - 2:30pm				9:30am - 4:00pm (Tuesday to Friday)			
<b>National Lifeguard</b>		<u>Skill Evaluation:</u> July 8: 8:30-11:00am			<u>Course:</u> 8am - 4:30pm				
<b>Swim Instructor</b>				9am to 3:30 pm					

**Preschool, Swimmer, Patrols, Bronze Star = \$71.00**  
**Artistic Swimming = \$71.00 Private= \$195.00**

**\*Week lessons are a condensed program that run at the same time everyday for one week\***

**Bronze Medallion = \$150**  
**Bronze Cross = \$130**

**Swim Instructor Course = \$150**  
**National Lifeguard Course = \$200**

**\*\*Some classes may be combined or cancelled due to low enrolment\*\***