

Aquabics:
 This is a low impact, drop-in aqua fitness class for all ages! Classes are led by our trained instructors. Participants may exercise at their own pace.

Lane Swim:
 Swimmers should swim in loop style in the proper lane (Slow, Medium, or Fast) in order to maximize the use of each lane. There are no reserved lanes.
Lane Swim Legend:
 *W (widths only after 8:30am)
 **2 Lanes Only

Parent & Child Swim:
 Parents and Children come and play in our Beachfront and Lap Pools! If the child is not toilet trained, they must wear a swim diaper.
 Children must be within arms' reach at all times.

Public Swim:
 Diving board and rope are open for use during our public swims!
 Children must be within arms' reach at all times.

Visit Our Instagram

Visit Our Website


Sensitive Swim:
 No music, pool features, diving board or rope during this swim. All are welcome.
 Children must be within arms' reach at all times.

Admission Policy:

Adult-to-child ratios must be met

Admission Age	Ratio of Parent/Guardian to Children
Under 7 years of age 	1 adult (16+) : 2 Children 
7-9 years old 	1 adult (14+) : 4 Children 
10 years of age and older	N/A
Special needs (Any age)	1 adult (16+) : 1 person 

Questions?

Call 705-759-5419 or

Email johnrhodespool@cityssm.on.ca

The schedule is subject to change.

Please visit our website for the most up-to-date schedule.

Swim Schedule

Sunday March 22- Thursday April 9

(Including Easter Weekend)



Admission Prices	One Swim	10 Swim Card	25 Swim Card
Child	\$ 4.25	\$ 37.25	\$ 82.00
Adult	\$ 6.50	\$ 55.00	\$ 120.00
Senior (55+)	\$ 5.00	\$ 41.75	\$ 91.00
Group (Max.5)	\$17.50	N/A	N/A

All Swim Prices Include H.S.T.



SAULT STE. MARIE

Sunday Mar. 22	Monday Mar. 23	Tuesday Mar. 24	Wednesday Mar. 25	Thursday Mar. 26	Friday Mar. 27	Saturday Mar. 28
<p>Lane/Parent Child Swim 9:00-1:00 pm</p> <p>Public Swim 1:15-3:00 pm</p> <p>Lane/Parent Child Swim 4:30-7:30 pm</p> <p>Aquabics/Lane Swim 7:45-9:00 pm*(Only Widths)</p>	<p>Lane Swim 6:00-9:45 am <i>(Widths 8:30-9:30am)</i></p> <p>Parent Child Swim 8:00-9:45 am</p> <p>Aquabics 8:30-9:30 am</p> <p>Lane/Parent Child Swim 11:15-1:00 pm</p> <p>Lane Swim 8:00-9:00 pm</p>	<p>Lane/Parent Child Swim 11:15-1:00 pm</p> <p>Aquabics/Parent Child Swim 2:15-3:30 pm</p> <p>Aquabics/Lane Swim 7:45-9:00 pm* (Only 2 lanes)</p>	<p>Lane Swim 6:00-9:45 am <i>(Widths 8:30-9:30am)</i></p> <p>Parent Child Swim 8:00-9:45 am</p> <p>Aquabics 8:30-9:30 am</p> <p>Lane/Parent Child Swim 11:15-1:00 pm 6:00-8:45 pm</p>	<p>Lane/Parent Child Swim 11:15-1:00 pm</p> <p>Aquabics/Parent Child Swim 2:15-3:30 pm</p> <p>Lane/Parent Child Swim 6:00-7:30 pm</p> <p>Aquabics/Lane Swim 7:45-9:00 pm*(Only Widths)</p>	<p>Lane Swim 6:00-9:45 am <i>(Widths 8:30-9:30am)</i></p> <p>Parent Child Swim 8:00-9:45 am</p> <p>Aquabics 8:30-9:30 am</p> <p>Lane/Parent Child Swim 11:15-1:00 pm 6:00-7:15 pm * (Only 4 lanes)</p> <p>Sensitive Swim 7:30-9:00 pm</p>	<p>Lane/Parent Child Swim 11:15-1:00 pm</p> <p>Public Swim 1:15-4:00 pm</p> <p>Public Swim 6:00-8:00 pm</p>
Sunday Mar. 29	Monday Mar. 30	Tuesday Mar. 31	Wednesday Apr. 1	Thursday Apr. 2	Friday Apr. 3	Saturday Apr. 4
<p>Lane/Parent Child Swim 9:00-1:00 pm</p> <p>Public Swim 1:15-3:00 pm</p> <p>Lane/Parent Child Swim 5:30-7:30 pm</p> <p>Aquabics/Lane Swim 7:45-9:00 pm*(Only Widths)</p>	<p>Lane Swim 6:00-9:45 am <i>(Widths 8:30-9:30am)</i></p> <p>Parent Child Swim 8:00-9:45 am</p> <p>Aquabics 8:30-9:30 am</p> <p>Lane/Parent Child Swim 11:15-1:00 pm 6:00-9:00 pm</p>	<p>Lane/Parent Child Swim 11:15-1:00 pm</p> <p>Aquabics/Parent Child Swim 2:15-3:30 pm</p> <p>Aquabics/Lane Swim 7:45-9:00 pm* (Only 2 lanes)</p>	<p>Lane Swim 6:00-9:45 am <i>(Widths 8:30-9:30am)</i></p> <p>Parent Child Swim 8:00-9:45 am</p> <p>Aquabics 8:30-9:30 am</p> <p>Lane/Parent Child Swim 11:15-1:00 pm</p> <p>Lane Swim 8:00-9:00pm</p>	<p>Lane/Parent Child Swim 11:15-1:00 pm</p> <p>Aquabics/Parent Child Swim 2:15-3:30 pm</p> <p>Aquabics/Lane Swim 7:45-9:00 pm* (Only 2 lanes)</p>	<p>GOOD FRIDAY</p> <p>Lane/Parent Child Swim 11:15-1:00 pm</p> <p>Public Swim 1:15-4:00 pm</p> 	<p>Lane/Parent Child Swim 9:30-1:00 pm</p> <p>Public Swim 1:15-4:00 pm</p> <p>Public Swim 6:00-8:00 pm</p>
Sunday Apr. 5	Monday Apr. 6	Tuesday Apr. 7	Wednesday Apr. 8	Thursday Apr. 9	Keep An Eye Out For Our Easter Events...	
<p>EASTER SUNDAY</p> <p>Lane/Parent Child Swim 11:15-1:00 pm</p> <p>Public Swim 1:15-4:00 pm</p> 	<p>Lane Swim 6:00-9:45 am <i>(Widths 8:30-9:30am)</i></p> <p>Parent Child Swim 8:00-9:45 am</p> <p>Aquabics 8:30-9:30 am</p> <p>Lane/Parent Child Swim 11:15-1:00 pm 6:00-9:00 pm</p>	<p>Lane/Parent Child Swim 11:15-1:00 pm</p> <p>Aquabics/Parent Child Swim 2:15-3:30 pm</p> <p>Lane/Parent Child Swim 6:00-7:30 pm</p> <p>Aquabics/Lane Swim 7:45-9:00 pm* (Only Widths)</p>	<p>Lane Swim 6:00-9:45 am <i>(Widths 8:30-9:30am)</i></p> <p>Parent Child Swim 8:00-9:45 am</p> <p>Aquabics 8:30-9:30 am</p> <p>Lane/Parent Child Swim 11:15-1:00 pm 6:00-8:45 pm</p>	<p>Lane/Parent Child Swim 11:15-1:00 pm</p> <p>Aquabics/Parent Child Swim 2:15-3:30 pm</p> <p>Aquabics/Lane Swim 7:45-9:00 pm*(Only 2 lanes)</p>		