

Active 55+ Phone & Online Programming Information

During Covid- 19, **Active 55+** will be accessible over the telephone and online through free interactive programs for participants 55+.

Now you can take part from the comfort of your own home!

What you need to know:

- Programming during this time is **FREE**
- Anyone 55+ can join at any time – signing up for an activenet profile is free and we can help you!
- Programs are offered via online through a downloadable program called **Zoom**.
- Programs are offered via telephone using a multi-person conference call set up through a program called Mercuri Teleconferencing – no equipment necessary (except any type of phone of course!)
- Each session lasts 30-60 mins in length
- For phone sessions: You are able to talk to other on the line, hear each other, learn and definitely have a little fun!
- For video sessions: You have the ability to show yourself on video, see others and the instructor, talk to one another, learn and have fun too! You also have the option of turning your video portion off so you can just enjoy the instructor teaching.

How to Connect to Phone Programs

On the day and time of a chosen program you can you the following “Steps To Connect” below to call yourself into that particular program. If at any time you require assistance, simply dial *0 to speak to an operator who can help get you connected.

Steps To Connect To Telephone Programs

1. Dial: 1-866-279-1594
2. Enter the 6-digit **PASSCODE 7 8 7 5 4 2** then press #
3. Record your name or just stay on the line then press #

Note: the passcode is the same for all programs.

***Not working? Dial *0 to speak to the operator and ask to be connected to the session under the Chairperson: Jen Amadio.**

Please note: If you are signed up for our programmers to call you to join the program, and you have caller ID, a call from Mercuri shows up as “Mercuri” or “Mercuri Bridge” and it can be a 1-800 number or sometimes a 416/519 number.

To Connect To Online Programs

1. Your device will need a camera, access to a microphone and working speakers
2. Download app call “Zoom” to your computer, tablet, or phone – visit <https://zoom.us/support/download>
3. Start a new account by clicking “sign up its free”
4. Once you have your account you will use the “join a meeting” button
5. Each meeting will have a meeting ID number and Password. You will receive an email with that information once you sign up for the program.