



LIFESAVING SOCIETY
The Lifeguarding Experts

National Lifeguard Award (NL)

Description: National Lifeguard (NL) certification is the industry standard for professional lifeguards in Canada. NL guards are water rescue professionals trained in emergency care. The course focuses on prevention, effective rescue response skills, first aid, teamwork, communication skills as well as fitness components.

Wed. April 23 5:30-8:00pm (*Skill Evaluations*)

Fri. May 2 5:00-10:00pm

Sat. May 3 9:00-6:00pm

Sun. May 4 9:00-6:00pm

Thurs. May 8 6:00-10:00pm

Fri. May 9 6:00-10:00pm

Sat. May 10 9:00-6:00pm

Sun. May 11 8:00-1:00pm (*Final Exam*)

**100% attendance is required.*

Prerequisites: Candidate must be 15 years of age before the exam date, have successfully completed the Bronze Cross as well as Standard First Aid CPR C.

Cost: \$200.00



SAULT STE. MARIE