



Swim Instructor Course

Description: “The Lifesaving Society Swim Instructor course prepares the instructor to teach and evaluate the swimming strokes and related skills found in the Lifesaving Society Swim for Life program. Candidates acquire proven teaching methods, planning skills, and a variety of stroke development drills and correction techniques.” – Lifesaving Society

Mon. March 10th 9:00-3:00pm

Tues. March 11th 9:00-3:00pm

Wed. March 12th 9:00-3:00pm

Thurs. March 13th 9:00-3:00pm

Fri. March 14th 9:00-3:00pm

Candidates will be provided with a lunch break.

**100% attendance is required.*

Prerequisites: 15 years of age by the end of the course and completed bronze cross (need not be current). Please bring a copy of your Bronze Cross to the first class.

Cost: \$150



SAULT STE. MARIE