

Swim Schedule - June 23 to June, 30 2022

	Aquabics (competition pool only)	Lane Swim (competition pool only)	POOL CLOSURES
Monday	8:30 to 9:30am	7:00 to 9:45am *W 10:00 to 1:00pm	The beachfront pool and lap pool will be closed for maintenance. Thank you for your patience.
Tuesday	2:15 to 3:15pm 7:45 to 8:45pm	11:15 to 2:00pm 6:00 to 7:30pm	
Wednesday	8:30 to 9:30am	7:00 to 9:45am *W 10:00 to 1:00pm	
Thursday	2:15 to 3:15pm 7:45 to 8:45pm	11:15 to 2:00pm 6:00 to 7:30pm	The John Rhodes Pool will be closed Friday, July 1st.
Friday	8:30 to 9:30am	7:00 to 9:45am *W 10:00 to 1:00pm	
Saturday		11:15 to 2:00pm	
Sunday	7:45 to 8:45pm	11:15 to 2:00pm 6:00 to 7:30pm	
Questions? Call 705-759-5419 or email johnrhodespool@cityssm.on.ca	Aquabics: Aquabics is a low impact, drop-in aqua fitness class for all ages! Classes are led by our trained instructors, however, participants may exercise at their own pace.	Lane Swim: Swimmers should swim in loop style in the proper lane (Slow, Medium, or Fast) in order to maximize the use of each lane. There are no reserved lanes. <u>Lane Swim Legend:</u> *W (widths only after 8:30am) **2 Lanes Available Only	Looking for a public swim? Visit our outdoor pools this summer. V.E.Greco Pool - 269 Albert St. Peter G. Manzo Pool - 710 Young St.

This schedule is subject to change. Please visit our website for the most up-to-date schedule