

# AUTISM/NEURODIVERSITY ROADMAP

For Neurodivergent Youth age 16+

## 1. Looking for developmental supports for individuals aged 16 and older?

See your Family Doctor or Nurse Practitioner to request a letter stating that an Autism/Neurodiversity diagnosis is needed:

- Learn more about Autism Spectrum Disorder/Neurodiversity at Autism Ontario North Region <https://www.autismontario.com/region/north>
- See Autism Ontario, Adult Supports in the Sault Ste. Marie Autism/Neurodiversity Services Directory
- For Indigenous Services, see the Sault Ste. Marie Autism/Neurodiversity Services Directory.

## 2. Pre and Post Diagnosis

Suspect you or someone you know has Autism/Neurodiversity?

Get connected:

- Contact Autism Ontario, North Region, to speak with Service Navigators who can help you navigate available Autism/Neurodiversity services.

## 3. Diagnosis

Services are available, however many are fee-for-service:

- See Autism/Neurodiversity Services Inventory for other types of other services in Therapeutic/Professional Services and Resources.

## 4. Care Management

Need immediate assistance due to difficult or challenging behaviors?

- Sault Ste. Marie Urgent Response System in Autism/Neurodiversity Services [jmissere@ccnsudbury.on.ca](mailto:jmissere@ccnsudbury.on.ca) 705-566-3416 x 2219
- Contact [Developmental Services Ontario, Northern Region \(DSO\)](#) for assessment for adult support services funding, if appropriate
- Contact [Community Living Algoma \(CLA\)](#) as a potential source of adult support services
- Other resources available in Autism/Neurodiversity Services Inventory for other resources
- [Autism Mental Health Literacy Project \(AM-HeLP\)](#)

All youth deserve to be treated with respect, dignity, and fairness, regardless of their neurodiversity.

Overcoming stigma and creating inclusive environments helps promote equity and justice for neurodivergent children, ensuring they have access to the same opportunities and rights as their peers.

