



BUZZZ!
Northern Community Centre
Active 55+
PHONE: 705-759-5377
June 2018



Hello Friends!

June is a Senior's Month!

Celebrate with us. Bring a friend and participate in one of our special events this month. We have a Dinner, Luncheon and Tea planned. All great fun! Tickets are sold at the service desk.

Also, be sure to stop by and say hello to our summer students. They are sure to make our summer programs fun and exciting!

Join the fun!

Vicky Taylor

Recreation Programmer

ARTS AND CRAFTS

Regular Craft Classes such as Open Painting, Craft n Crochet, Circle of Friends and Japanese Bunka will continue each week. Check the calendar for scheduled times.

Terry Cloth Beach Tote

Date: Thursdays, June 14th, 21st & 28th

Time: 1:00 to 3:00 p.m.

Cost: \$5.00 plus supplies

Instructor: Tary Trottier

This colourful terry cloth beach tote is a "must have" for the summer! Basic crochet skills required.

Acrylic Hacks with Marilyn Mills

Date: Wednesday, June 27th

Time: 1:00 to 4:00 p.m.

Cost: \$20.00 plus supplies

Learn how to use your acrylic paints in a new way!

Create a painting that looks just like a piece of traditional watercolour art. *Beautiful!*

Mason Jar Terrarium

Date: Tuesday, June 26th

Time: 11:00 a.m. to 1:00 p.m.

Cost: \$10.00 bring a glass Mason jar

Learn to make your own gorgeous green terrarium.

SPECIAL EVENTS

Voyageur Luncheon

Date: Tuesday, June 12th

Time: 12:30 p.m.

Cost: \$10.00 in advance

Menu: homemade meat pie, gravy, baked beans, salad & dessert

Note: Ermatinger Clergue National Historic Site presentation to follow lunch.

Afternoon Matinee

Date: Thursday, June 14th

Time: 2:00 p.m.

Cost: \$3.00 includes popcorn & cold beverage

Movie: "Julia & Julia"

ACTIVE LIVING

Exercise and Sports on Indoor Turf

Cost: \$2 per visit. Join anytime!

Outdoor Gentle Yoga Class

Date: Mondays, June 4th to 25th

Time: 5:15 to 6:15 p.m.

Cost: \$36.00.00 for 4 weeks or \$12 walk-in

Instructor: Natasha Rinaldi

Pay the instructor at the beginning of the class.

Meet in the field adjacent to the facility.

Bring your yoga matt.

Disc Golf

Date: Tuesdays & Thursdays, June 5th to 28th

Time: 2:00 to 4:00 p.m.

Disc Golf is a flying disc sport in which players throw a disc at a target basket. The rules are similar to golf. Played on the field adjacent to the facility.

Outdoor Pickle Ball

The outdoor Pickle Ball/ Tennis court adjacent to our facility is refurbished and ready for use.

Pickle ball equipment is available for use upon request. (\$5.00 deposit)

Pickle Ball Lessons

Date: Monday, June 11th and 18th

Time: 11:00 a.m. to 12:00 noon

Instructor: Morris Bajor

Pickle ball is a paddle sport that combines elements of badminton, tennis and table tennis.

Equipment is available for use upon request.

Call 705-759-5377 to register.

Pickle Ball

Mondays & Thursdays at 11:00 a.m.

Played on the outdoor court.

Walking Soccer- Skills Clinic

Date: Monday, June 11th

Time: 11:00 to 1:30 p.m.

Cost: \$5.00

Learn soccer tips and skills to improve your Walking Soccer game. Dress to play.

Ping Pong

Mondays and Fridays at 11 a.m.

Paddles available for use.



Washer Toss -Mondays & Wednesdays at 1 p.m.
Played outside on the field adjacent to the facility

Walking Soccer -Thursdays at 10:30 a.m.
Played on the indoor turf

Bocce – Thursdays at 1 p.m.
Played on the indoor turf

ACTIVE LIVING

Wii Bowling - Fridays at 1:30 p.m.

Soccer 55+ - Wednesdays at 2 p.m.
Played on the indoor turf

Register in Advance for All Events!
Drop in to the Centre or give us a call!
705-759-5377

GAMES

Texas Hold'em
Date: Mondays and Wednesdays,
June 4th to 27th
Time: 10:30 a.m. to 12:30 p.m.
Cost: \$1 pay as you go
Dealer: Gayle Carr

Contract Bridge
Date: Mondays, June 4th to 25th
Time: 1:00 to 3:30 p.m.
Cost: \$1 pay as you go

Bid Euchre
Date: Wednesdays, June 6th to 27th
Time: 2:00 to 3:30 p.m.
Cost: \$1 pay as you go
Leader: Harold Vaughan

Cribbage Tournament
Date: Friday, June 15th
Time: 1:00 to 2:30 p.m.
Cost: \$3.00
Coffee, tea and dessert
provided.



Virtual Gaming
Date: Thursday, June 21st
Time: 11:00 a.m. to 12:30 p.m.
Cost: \$1.00
Learn to use our virtual game system.
We have several fun games to try!

EDUCATION

Technology Days
Date: Fridays, June 8th to 29th
Time: 2:00 to 3:00 p.m.
Need help with your lap top, iPad, or electronic device? Drop in and meet with one of our summer students for free advice.

Facebook "Exploration and Learning"
Date: Tuesday, June 12th
Time: 11:00 to 12:00 p.m.
Cost: Free
Instructor: Zac Carmody
Learn basic Facebook skills; how to post events, photos and add friends. What to share and what not to share to stay safe.

Social Media "Exploration and Learning"
Date: Thursday, June 21st
Time: 11:00 to 12:00 p.m.
Cost: Free
Instructor: Zac Carmody
Learn the basics of Instagram and other services. How to post and stay safe online.

DINE WITH US

Lunch
Date: Wednesdays, June 6th to 27th
Time: 12:30 p.m.
Cost: \$6 includes: an entree, salad and dessert.
Please call ahead if you are bringing a group.

GENERAL INFORMATION

Summer Book Chat
Date: Tuesdays. June 5th
Time: 2:00 to 3:00 p.m.
Facilitator: Gina Greco
Cost: \$1.00 per visit
What better way to enjoy the lazy days of summer then reading a good book!
You will need your Library card.

Puzzle Exchange
Take a puzzle, leave a puzzle
We have a large selection of puzzles.
Pop in and check them out!

CLUB 235 INFORMATION

Quilt Club
Date: Tuesdays, June 5th to 26th
Time: 1:30 p.m.

Early Riser Dauber Bingo's
Date: Wednesday, June 6th
Thursday June, 14th
Time: 10:30 a.m. to 1:00 p.m.
Cost: \$5.00 each – includes bingo
Enjoy warm homemade muffins with jam, coffee and tea. Cash prizes to be won.

Card Evenings "500"
Date: Wednesdays, June 6th to 27th
Time: 6:30 p.m. Doors open at 6:00 p.m.
Cost: \$3.00 at the door.
Light refreshments provided.



Strawberry Tea
Date: Friday, June 8th
Time: 12:30 p.m.
Cost: \$6.00 in advance
Menu: fancy sandwiches, pickle tray and dessert.
Hand bags, shoes and fashionable hats will be on display for your viewing pleasure.

Bingo
Date: Wednesday, June 20th
Time: 1:15 to 3:30 p.m.
Cost: Pay Per Card, Coffee & Tea \$.50

Summer Solstice Dinner
Date: Friday, June 22nd
Time: 5:30 p.m.
Cost: \$12.00 in advance
Live Music: Phil Braido & Band
Menu: barbequed hamburgers with great toppings, homemade pasta salad, blue cheese coleslaw, a summer mock tail and dessert
Don't delay; pick up your ticket today!

Register online at
<https://ca.apm.activecommunities.com/saultstemarie/home>

JUNE SPECIALS

Northern Community Centre 705-759-5377

Wednesdays, June 6 th & 14 th	10:30 a.m.	Early Riser Dauber Bingo's. Enjoy a warm homemade muffin with jam, coffee and tea. Cash prizes to be won. Cost \$5.00 each - in advance.
Friday, June 8 th	12:30 p.m.	Strawberry Tea. Menu: fancy sandwiches, pickle tray, dessert. Hand bag, shoes and fashionable hats on display for your viewing pleasure. Cost \$6.00 in advance.
Monday, June 11 th & 18 th	11:00 a.m. to 12:00 p.m.	Outdoor Pickle Ball Lessons. Come out and learn the basics of Pickle ball. This is perfect as a refresher or for those new to the sport. Cost is \$5.00. Equipment available upon request.
Monday, June 11 th	11:00 a.m. to 1:30 p.m.	Walking Soccer Skills Clinic. Learn soccer tips and skills to improve your Walking Soccer game. Dress to play. Cost \$5.00
Tuesday, June 12 th	12:30 p.m.	Voyageur Luncheon. Menu: homemade meat pie, gravy, baked beans, salad and dessert. Ermatinger Clergue National Historic presentation to follow lunch. Cost: \$10.00 in advance
Thursday, June 14 th	2:00 p.m.	Afternoon Matinee. Movie: "Julia & Julia". Cost: \$3.00 includes popcorn and cold beverage.
Friday, June 15 th	1:00 to 2:30 p.m.	Cribbage Tournament. Coffee, tea and dessert provided. Cost is \$3.00
Friday, June 22 nd	5:30 p.m.	Summer Solstice Dinner & Live Music. Menu: BBQ hamburgers, homemade pasta salad, blue cheese coleslaw, summer mock tail and dessert. Cost \$12.00 in advance

Daily Activities – June 2018

MONDAY

10:30 a.m. Texas Hold'em
11:00 a.m. Ping Pong
11:00 a.m. Pickle Ball
1:00 p.m. Contract Bridge
1:00 p.m. Washer Toss
5:15 p.m. Outdoor Gentle Yoga

June is Seniors
Month
Celebrate with us

TUESDAY

1:00 p.m. Club 235 Quilt Group
1:30 p.m. Craft and Crochet Group
2:00 p.m. Disc Golf

Summer Book Chat
Tuesday, June 5th
Sign up today!



WEDNESDAY

10:30 a.m. Texas Hold'em
12:30 p.m. Lunch
2:00 p.m. Soccer 55+
2:00 p.m. Washer Toss
2:00 p.m. Bid Euchre
6:30 p.m. Club 235 Evening Cards

Club 235
Regular Bingo
Wednesday,
June 20th
1:15 to 3:30

THURSDAY

10:30 a.m. Walking Soccer
10:30 a.m. Open Painting Group
11:00 a.m. Pickle Ball
1:00 p.m. Bocce
1:30 p.m. Circle of Friends Group
2:00 p.m. Disc Golf



FRIDAY

10:30 a.m. Bunka –
Japanese Embroidery
11:00 a.m. Ping Pong
1:30 p.m. Wii Bowling
2:00 p.m. Technology Days