



BUZZZ!
Northern Community Centre
Active 55+
PHONE: 705-759-5377
August 2018



Hello Friends!

Summer is slipping away folks, be sure to get involved in some of the great programs happening this month.

Active 55+ Fall 2018 booklets will be available on Monday, August 20th and registrations for programming will open on that day.

We are closed Monday, August 6th.

Join the fun!

Vicky Taylor
Recreation Programmer

EDUCATION

Free Advice - Technology Days

Date: Fridays, August 3rd to 17th

Time: 2:00 to 3:00 p.m.

Drop in and meet with one of our summer students for technology advice. Cell phone, tablet or iPad.

Free Talk - Genealogy – Ancestry

Date: Tuesday, August 14th

Time: 10:30 a.m. to 12:30 p.m.

Presented by: Kevin Meraglia
Archive Technician S.S.M. Public Library

Bring your fully charged: tablet, iPad or laptop.



Talk - “Does Your Bra Fit”

Date: Thursday, August 16th

Time: 11:00 to 12:30 p.m.

Cost: \$5.00

Bra specialist Jodi McNabb will be on hand to discuss the importance of a properly fitting bra. Options for those who have had a mastectomy will be discussed.

Free Talk – Motion Specialties

Date: Friday, August 17th

Time: 2:00 to 4:00 p.m.

Staff from “Motion Specialties” will be on hand to discuss products, services and rental options available for those with mobility issues.

REMINDER

Our Centre's are scent-free buildings.
Please be courteous to those who may have allergies or sensitivities to scents.
Refrain from wearing perfumes and aftershaves while attending activities.

GAMES

Texas Hold'em

Date: Mondays and Wednesdays,
August 1st to 29th

Time: 10:30 a.m. to 12:30 p.m.

Cost: \$1 pay as you go

Dealer: Gayle Carr

Bid Euchre

Date: Wednesdays, August 1st to 29th

Time: 2:00 to 3:30 p.m.

Cost: \$1 pay as you go

Leader: Harold Vaughan

Contract Bridge

Date: Mondays, July 13th to 27th

Time: 1:00 to 3:30 p.m.

Cost: \$1 pay as you go

Mahjong

Date: Wednesday, August 22nd

Time: 2:00 p.m.

Cost: \$1.00

Cribbage Tournament:

Date: Friday, August 17th

Time: 1:30 p.m.

Cost: \$3.00 coffee, tea and dessert provided

ARTS AND CRAFTS

Regular Craft Classes such as Open Painting, Craft n Crochet, Circle of Friends and Japanese Bunka will continue each week. Check the calendar for scheduled times.

Knitters Loom - Bath Mitt

Date: Tuesday, August 7th and 14th

Time: 10:30 a.m. to 12:30 p.m.

Cost: \$5.00 plus supplies

Instructor: Lynne Chandler

Learn to make this simple bath mitt on a small “Knifty Knitters” loom. Beginners welcome.

Summer Acrylic Paint Class and Social

Date: Thursday, August 16th

Time: 2:00 to 4:30 p.m.

Cost: \$30.00 **Bring a 12 X 12 canvas.**

All other supplies included

Instructor: Carolyn Henderson

Learn step-by-step how to paint a sunny landscape. Refreshments provided.

Craft - Shabby Chic Keepsake Box

Date: Tuesday, August 21st

Time: 1:00 to 4:00 p.m.

Cost: \$20.00 includes supplies

Instructor: Shirley Johnson

ACTIVE LIVING

Exercise and Sports on Indoor Turf

Cost: \$2 per visit. Join anytime.

Disc Golf

Date: Tuesdays & Thursdays, August 2nd to 30th

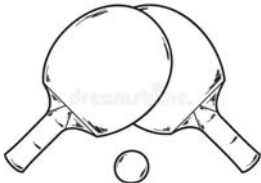
Time: 2:00 to 4:00 p.m.
Disc Golf is a flying disc sport in which players throw a disc at a target basket. The rules are similar to golf. Played on the field adjacent to the facility.

Outdoor Gentle Yoga Class

Date: Mondays, August 6th to August 27th
Time: 5:15 to 6:15 p.m.
Cost: \$12 walk-ins
Instructor: Natasha Rinaldi
Pay the instructor at the beginning of the class.
This class is in progress. Bring your mat.

Ping Pong Tournament

Date: Monday, August 13th
Time: 2:00 p.m.
Cost: \$3.00
Come out and play in this fun tournament.
Paddles available for use and a healthy snack is provided.



Ping Pong

Mondays and Fridays at 11 a.m.

Pickle Ball

Mondays & Thursdays at 11:00 a.m.

Wii Bowling - Fridays at 1:30 p.m.

Washer Toss Tournament

Date: Thursday, August 23rd
Time: 11:00 a.m.
Cost: \$3.00 healthy snacks provided
Meet in the Steelton Room.
Washer Toss tournament will be played on the field adjacent to the facility.



Washer Toss - Mondays & Wednesdays at 1 p.m.

Time: 12:30 p.m.
Cost: \$6.00
Menu: Mixed cold plate, homemade blueberry tarts
Several handmade quilts will be on display for your viewing pleasure.

Black & White Cinema Classic

Date: Monday, August 13th
Time: 2:00 to 4:00 p.m.
Cost: \$6.00
Movie: **“Rebecca”**
Menu: Black berry punch, black bean dip and tortilla chips, black & white dessert
This (1940’s) Alfred Hitchcock psychological thriller is a ***must see***.

Japanese Bunka Social

Date: Friday, August 10th
Time: 12:30 p.m.
Cost: \$ 6.00
Enjoy fancy sandwiches, pickle tray & dessert.

Contract Bridge Social

Date: Monday, August 20th
Time: 12:30 p.m.
Cost: \$6.00
Enjoy fancy sandwiches, pickle tray & dessert.
Card play to follow lunch.

CLUB 235 INFORMATION

Card Evenings “500”

Date: Wednesdays, August 1st to 29th
Time: 6:30 p.m. Doors open at 6:00 p.m.
Cost: \$3 at the door.



Bingo

Date: Wednesday, August 1st & 15th
Time: 1:15 to 3:30 p.m.
Cost: Pay Per Card, Coffee & Tea \$.50 per cup

Evening Dauber Bingo

Date: Wednesday, August 22nd
Time: 5:00 to 7:30 p.m.
Cost: \$5.00 cash prizes to be won
Includes a piece of blueberry or cherry cheesecake

CLOSED
Monday, August 6th
Civic Holiday!



#113532821

SPECIAL EVENTS

Afternoon Matinee

Date: Friday, August 3rd
Time: 2:00 p.m.
Cost: \$3.00 includes popcorn & cold beverage
Movie: **“Dirty Dancing”**

Blueberry Tea

Date: Thursday, August 9th



Regular Club 235
Bingo
Wednesdays,
1st & 15th
1:15 to 3:30 p.m.

AUGUST SPECIALS

Northern Community Centre 705-759-5377

Friday, August 3 rd	2:00 p.m.	Afternoon Matinee. Movie: “Dirty Dancing”. Cost is \$3.00 includes popcorn & cold beverage.
Thursday, August 9 th	12:30 p.m.	Blueberry Tea. View a handmade quilt display. Menu: mixed cold plate, homemade blueberry tarts. Cost: \$6.00
Monday, August 13 th	2:00 p.m.	Black & White Cinema Classic. Movie: “Rebecca”. Don’t miss this 1940’s Alfred Hitchcock thriller. Menu: black berry punch, black bean dip with tortilla chips and dessert. Cost: \$6.00
Monday, August 13 th	2:00 p.m.	Ping Pong Tournament. We have paddles. Cost is \$3.00 healthy snack provided.
Tuesday, August 14 th	10:30 a.m.	Free Talk – Genealogy & Ancestry. Presented by: S.S.M. Public Library Archive Technician staff. Bring your: tablet, iPad or lap top.
Thursday, August 16 th	11:00 a.m.	Talk – “Does Your Bra Fit”. Learn the importance of a properly fitting bra. Bra options for those who have had a mastectomy will be discussed. Speaker: Jodi McNabb Cost \$5.00
Thursday, August 16 th	2:00 p.m.	Summer Acrylic Paint Class and Social. Bring is a 12 X 12 canvas everything else is provided, including refreshments. Cost: \$30.00
Friday, August 17 th	1:30 p.m.	Cribbage Tournament. Cost \$3.00 includes coffee/tea and dessert.
Friday, August 17 th	2:00 p.m.	Free Talk – Staff from “Motion Specialties” will be on hand to discuss products, services and rental options for those with mobility issues.
Wednesday, August 22 nd	5:00 p.m.	Evening Dauber Bingo. Cost: \$5.00 includes bingo & a piece of blueberry or cherry cheesecake. Cash prizes to be won.
Thursday, August 23 rd	11:00 a.m.	Washer Toss Tournament. Meet in the Steelton Room. Cost: \$3.00 healthy snacks provided.

Daily Activities – August 2018

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
10:30 a.m. Texas Hold'em 11:00 a.m. Ping Pong 1:00 p.m. Washer Toss 1:00 p.m. Contract Bridge 1:00 p.m. Washer Toss 5:00 p.m. Outdoor Gentle Yoga	1:00 p.m. Club 235 Quilt Group 1:30 p.m. Craft and Crochet Group 2:00 p.m. Disc Golf	10:30 a.m. Texas Hold'em 2:00 p.m. Bid Euchre 6:30 p.m. Club 235 Evening Cards	10:30 a.m. Open Painting Group 1:00 p.m. Washer Toss 1:30 p.m. Circle of Friends Group 2:00 p.m. Disc Golf	10:30 a.m. Bunka – Japanese Embroidery 11:00 a.m. Ping Pong 1:30 p.m. Wii Bowling 2:00 p.m. Technology Days