



TATTLE TALES
Senior Citizens Drop-In Centre
Active 55+
Phone: 705-254-6474
August 2018



Hi Folks:



The summer programs are almost complete! Join the **Up, Out and Away** staff throughout the month of August. Be sure to get involved and

register in advance for all events!

Active 55+ Fall 2018 booklets will be available on Monday, August 20th and registrations for programming will open on that day.

Get up, Get out and Get Active!
Up, Out & Away Summer Staff

DAILY ACTIVITIES

* **Snooker** is played daily at our Centre through the hours of 10:00 a.m. to 4:45 p.m. with a cost of \$7.00 per week.

* **Wii Bowling** will be played every Monday and Friday at 10:30 a.m. with a cost of \$2.00 per visit.

* **Talk & Walk the Hub Trail** each Monday and Wednesday morning for one hour with a 9:00 a.m. start. Meet in our back parking lot.

* **Club 119 Cards** will be played every Tuesday from 1:00 to 3:00 p.m. Play games of 500, Cribbage, Euchre and Bridge. The cost is \$2.00 per person. A light snack is available. Newcomers welcome!

* **Christmas Cheer** meets every Wednesday morning at 10:30 a.m. All items knitted are donated to our local Christmas Cheer depot in December. Yarn is supplied.

* **Pickleball** will be played every Tuesday evening at 5:00 p.m. and Thursday morning at 10:30 a.m. Cost is \$2.00 per visit. Equipment provided. Cancelled Thursday, August 30th.

* **Noon Lunch** will be available **Fridays only** during the month of August. The menu will include salad, choice of sandwich, dessert and coffee/tea. Cost is \$6.00 for a full meal.

* **Bingo** will be held on Wednesday,

August 8th & 22nd at 1:30 p.m. Pay per card.

* **Fun Cards** will be played every Thursday starting at 2:00 p.m. The cost is \$1.00 per visit. If you are a beginner and don't know how to play, we will teach you. Refreshments are available.

* **Shuffleboard, Contract Bridge and Hand and Foot Cards** will be played every Friday afternoon. Check the calendar section under regular activities for times.

SPECIAL EVENTS

Crazy Hat Bingo & BBQ

Date: Thursday, August 2nd

Time: 10:15 a.m. Bingo

12:30 p.m. BBQ

Cost: \$8.00 includes Bingo

Menu: Hamburgers, Hot Dogs, Cold Salads and Dessert

Wear your craziest hat and join us for morning bingo followed by a BBQ lunch. Summer students will judge the craziest hat so get creative and have fun!



Outdoor Games Day

Date: Tuesday, August 7th

Time: 10:45 a.m. to 12:00 p.m.

Cost: Free

Play games of ladder ball, washer toss or lawn darts. Join us for a fun morning! If raining we will play indoor games.

Wii Bowling Social

Date: Friday, August 10th

Time: 10:30 a.m. Wii Bowling

12:00 p.m. Lunch

Cost: \$6.00 per person

Menu: Pizza, Salad, Pop and Dessert

Come try Wii Bowling! This game is fun and an easy game to play. Everyone is welcome!

Healthy Brain-Mind Buster Day

Date: Monday, August 13th

Time: 2:00 p.m.

Cost: \$2.00

Never leave your seat while you challenge your mind to a variety of brain exercises. This fun social program is perfect for everyone. Prizes to be won!

Open Painting Pot Luck and

Fun Splash Paint Craft

Date: Wednesday, August 15th

Time: 10:30 a.m. to 1:00 p.m.

Cost: \$3.00 includes craft supplies

Bring your favourite food dish to share. There will be a fun splash paint craft to make. Please bring an article of clothing to protect yourself.



BBQ and Shuffleboard

Date: Friday, August 17th

Time: 12:00 to 3:00 p.m.

Cost: \$7.00 includes shuffleboard

Menu: Hot Dogs, Hamburgers, Salads and Dessert

Join us for a BBQ lunch followed by a game of shuffleboard.

Pampered Chef Ice Cream Social

Date: Monday, August 20th

Time: 2:00 p.m.

Cost: Free to attend

Host: Kim Moreau

Have a chance to browse through the Pampered Chef catalogue and purchase anything you wish too. Kim will show you many Pampered Chef products and we will sample the ice cream that will be made at this social.

Disc Golf

Date: Tuesday, August 21st

Time: 10:45 a.m. to 12:30 p.m.

Cost: Free

Play games of Disc Golf in Clergue Park with senior friends! If you don't know how to play, we will teach you the game. Wear comfortable clothing and running shoes. Refreshments provided.

Summer Farewell BBQ

Date: Thursday, August 23rd

Time: 12:00 p.m.

Cost: \$7.00

Menu: Jumbo Hot Dog, Cold Salads and Dessert

Join the staff by thanking the summer students for all their hard work! Door prize to be won.

CRAFTY CORNER

Regular Craft Classes

Regular Craft Classes such as Open Painting, Crochet Club, and Knitting will continue throughout the month of August. The cost is \$1.00 per visit. If you are interested in joining any of these classes drop by the Centre. Newcomers are welcome!

Knitted Comfort Dolls

Date: Monday, August 20th

Time: 1:00 to 3:00 p.m.

Cost: Free

CLOSED
Monday, August 6th
Civic Holiday!



We are a Scent Free Building!

**We ask that you
do not wear perfume
or after-shave/cologne while attending any
activity
at our Centres.
Many folks have an unpleasant reaction to
perfumes and scents.
Thank you for your consideration!**

CLUB 119

Cards

Date: Tuesdays

Time: 1:00 p.m.

Cost: \$2.00 at the door plus a Club Membership

Join your fellow seniors to play "500", Cribbage, Bid Euchre, or Bridge. Refreshments and a light snack will be provided.



AUGUST SPECIALS

Senior Citizens Drop-In Centre 705-254-6474

Thursday, August 2 nd	10:15 a.m.	Crazy Hat Bingo and BBQ. Wear your craziest hat and join us for morning bingo followed by a BBQ. Cost is \$8.00
Monday, August 6 th	CLOSED	Closed for the Civic Holiday.
Tuesday, August 7 th	10:45 a.m.	Outdoor Games. Play games of Ladder Ball, Washer Toss or Lawn Darts. This is a free program!
Friday, August 10 th	10:30 a.m.	Wii Bowling Social. Come out and try Wii Bowling! This game is fun and an easy game to play. Pizza, Salad, Pop and Dessert will be served after bowling. Cost is \$6.00 per person.
Monday, August 13 th	2:00 p.m.	Healthy Brain-Mind Buster Day. Never leave your seat while you challenge your mind to a variety of brain exercises. Prizes to be won! Cost is \$2.00 per person.
Wednesday, August 15 th	10:30 a.m.	Open Painting Pot Luck and Fun Splash Paint Craft! \$3.00 includes craft supplies. Don't forget your protective clothing and a food item.
Monday, August 20 th	2:00 p.m.	Pampered Chef Ice Cream Social. Have a chance to browse through the Pampered Chef catalogue and purchase anything you wish too. This is a free event to attend.
Thursday, August 23 rd	12:00 p.m.	Summer Farewell BBQ. Join the staff in thanking the summer students for all their hard work this summer. Cost is \$7.00 per person; Menu: Jumbo Hot Dogs, Salads and Dessert

Daily Activities – August 2018

MONDAY

9:00 a.m. Talk & Walk Hub Trail
 10:30 a.m. Wii Bowling
 1:00 p.m. Knifty Knitters
 1:00 p.m. Swedish Weaving
 1:00 p.m. French Club Cards
 7:00 p.m. Duplicate Bridge



TUESDAY

12:30 p.m. Border Squares
 1:00 p.m. Club 119 Cards
 5:00 p.m. Pickleball
 7:00 p.m. Duplicate Bridge



WEDNESDAY

9:00 a.m. Talk & Walk Hub Trail
 10:30 a.m. Open Painting
 10:30 a.m. Christmas Cheer
 1:00 p.m. Contract Bridge
 1:00 p.m. Duplicate Bridge



Bingo will be held on
 Wednesday, August 8th & 22nd
 at 1:30 p.m.

THURSDAY

10:30 a.m. Pickleball
 1:30 p.m. Carpet Bowling
 2:00 p.m. Fun Cards
 7:00 p.m. Duplicate Bridge



FRIDAY

10:15 a.m. Crochet Club
 10:30 a.m. Wii Bowling
 12:00 p.m. Noon Hour Lunch
 12:45 p.m. Duplicate Bridge
 1:00 p.m. Contract Bridge
 1:30 p.m. Shuffleboard
 1:30 p.m. Carpet Bowling
 1:45 p.m. Hand & Foot Cards

