

March Break Schedule: March 9 to 17, 2024								
Sat. March 9	Sun. March 10	Mon. March 11	Tues. March 12	Wed. March 13	Thurs. March 14	Fri. March 15	Sat. March 16	Sun. March 17
<div>Lane/Parent Child Swim 9:30 to 11:00am</div> <div>Public Swim 1:15 to 4:00pm</div> <div>Public Swim 6:00 to 8:00pm</div>	<div>Lane/Parent Child Swim 11:15 to 1:00pm</div> <div>Public Swim 1:15 to 3:00pm</div> <div>Lane/Parent Child Swim 6:00-7:30pm</div> <div>Aquabics/Lane Swim** 7:45 to 9:00pm</div>	<div>Lane Swim 6:00 to 9:45am Widths 8:30-9:30am</div> <div>Parent Child Swim 8:00 to 9:45am</div> <div>Aquabics 8:30 to 9:30am</div> <div>Lane/Parent Child Swim 11:15 to 1:00pm (6 lanes only until noon)</div> <div>Public Swim 1:15 to 3:00pm</div> <div>Lane Swim 7:00- 9:00pm</div>	<div>Lane/Parent Child Swim 11:15 to 1:00pm (6 lanes only until noon)</div> <div>Aquabics/Parent &amp; Child Swim 2:15 to 3:30pm</div> <div>Lane/Parent Child Swim 6:00-7:30pm</div> <div>Aquabics/Lane Swim** 7:45 to 9:00pm</div>	<div>Lane Swim 6:00 to 9:45am Widths 8:30-9:30am</div> <div>Parent Child Swim 8:00 to 9:45am</div> <div>Aquabics 8:30 to 9:30am</div> <div>Lane/Parent Child Swim 11:15 to 1:00pm (6 lanes only until noon)</div> <div>Public Swim 1:15 to 3:00pm</div> <div>Lane Swim 7:00- 9:00pm</div>	<div>Lane/Parent Child Swim 11:15 to 1:00pm (6 lanes only until noon)</div> <div>Aquabics/Parent &amp; Child Swim 2:15 to 3:30pm</div> <div>Lane/Parent Child Swim 6:00-7:30pm</div> <div>Aquabics/Lane Swim** 7:45 to 9:00pm</div>	<div>Lane Swim 7:30 to 9:45am Widths 8:30-9:30am</div> <div>Parent Child Swim 8:00 to 9:45am</div> <div>Aquabics 8:30 to 9:30am</div> <div>Lane/Parent Child Swim 11:15 to 1:00pm (6 lanes only until noon)</div> <div>Lane/Parent &amp; Child Swim 6:00-7:15pm</div> <div>Public Sensitive Swim 7:30-9:00pm</div>	<div>Lane/Parent Child Swim 11:15 to 1:00pm</div> <div>Public Swim 1:15 to 3:00pm</div> <div>Lane/Parent Child Swim 6:00-7:30pm</div> <div>Aquabics/Lane Swim** 7:45 to 9:00pm</div>	
<div>Admission Policy</div> <div>Adult to child ratios must be met.</div> <div><div><div>Under 7 years of age</div><div>Within Arms' Reach</div></div><div>1 adult (16+) : 2 Children</div></div> <div><div>7-9 years old</div><div>Within Arms' Reach</div></div> <div>1 adult (14+) : 4 Children</div>		<div>Aquabics</div> <div>is a low impact, drop-in aqua fitness class for all ages! Classes are led by our trained instructors, participants may exercise at their own pace.</div>	<div>Lane Swim:</div> <div>Swimmers should swim in loop style in the proper lane (Slow, Medium, or Fast) in order to maximize the use of each lane. There are no reserved lanes.</div> <div>Lane Swim Legend:</div> <div>*W (widths only after 8:30am)</div> <div>**2 Lanes Only</div>	<div>Parent &amp; Child Swim:</div> <div>Parents and Children come and play in our Beach front and Lap Pools! If the child is not toilet trained, they must wear a swim diaper.</div> <div>Children must be within arms reach at all times.</div>	<div>Public Swim:</div> <div>Diving Board and Rope are open for use during our public swims!</div> <div>Children must be within arms reach at all times.</div>	<div>Sensitive Swim:</div> <div>No music, pool features, diving board or rope during this swim. All are welcome.</div> <div>Children must be within arms reach at all times.</div>	<div>Swim Prices</div> <div>Child \$4.00</div> <div>Adult \$6.00</div> <div>Senior (55+) \$4.50</div> <div>Group (max.5) \$16.50</div> <div>Questions?</div> <div>Call 705-759-5419 or email johnrhodespool@cityssm.on.ca</div>	
<div>This schedule is subject to change. Please visit our website for the most up-to-date schedule, johnrhodespool.ca</div>								

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