
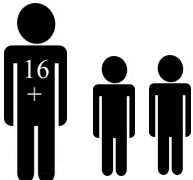

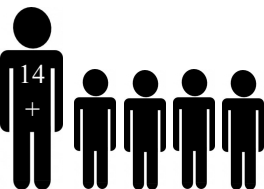
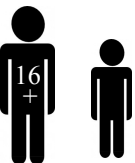


****Winter evening lane swims will start at 5:45pm until 9:00pm
Mondays to Thursdays****

Admission Policy for Swims and Rentals

Children ages 7 to 13 will receive a red bracelet at the Front Desk

Admission Age	Ratio of Parent/Guardian to Children	Criteria
Under 7 years of age 		Children under 7 must be directly supervised (within arms reach) of a parent/guardian who is 16 years of age or older and is limited to the two small pools (No Big Pool).
7-9 years old 		Children 7-9 years old must pass the facility swim test to swim alone. If they cannot pass the facility swim test, they must be directly supervised (within arms reach) of a parent/guardian who is 14 years of age or older.
10 years of age and older	N/A	Children over 10 years of age may swim without adult accompaniment.
Special needs (Any age)		Those with a serious medical condition should be accompanied by an individual knowledgeable of their condition and responsible for their supervision.

**** Facility Swim Alone Test** can be done at anytime during a swim for any swimmer between the ages of 7 and 9, who wish to swim alone. The test involves swimming one width of the big pool (20m) using a front or back swim stroke, demonstrating your comfort in the water. This must be done independently, without stopping or touching the bottom of the pool.

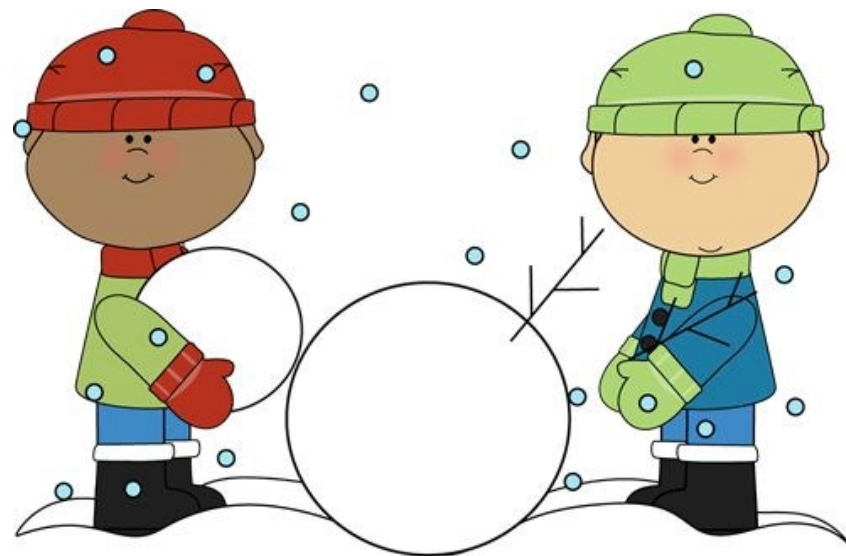


Questions? Call 705 759 5419



Keep up to date by following us on Twitter
@JRCCPool and on Facebook at JRCC Pool

Winter 2019 Pool Schedule



January 5 to March 9, 2018

Admission Prices	One Swim	10 Swim Card	25 Swim Card
Child	\$3.50	\$29.78	\$65.69
Adult	\$5.10	\$43.32	\$95.55
Senior (55+)	\$3.85	\$32.76	\$72.25
Family (Max 5.)	\$14.00	N/A	N/A

Admission Prices include H.S.T.

2019 Winter Swim Schedule - January 5 through March 9

	Aquabics	Lane Swim	Parent and Child Swim	Public Swim
Monday	8:30 to 9:30am 2:15 to 3:15pm	6:00 to 9:45am *W 11:15 to 1:00pm 2:15 to 3:30pm ** 5:45 to 9:00pm **	7:30 to 9:45am 11:15 to 1:00pm 2:15 to 3:30pm	Public Swim Info: Diving Board, Waterslide, and Rope are open for use during our public swims! See admission policy on back. Sensitive Swim Info: No music, pool features, slide, diving board or rope will be used during this swim. All are welcome. <div> New end times for some PCS/Lane Swims </div>
Tuesday	2:15 to 3:15pm 7:45 to 8:45pm	11:15 to 1:00pm 2:15 to 3:30pm ** 5:45 to 9:00pm **	11:15 to 1:00pm 2:15 to 3:30pm	
Wednesday	8:30 to 9:30am	7:30 to 9:45am *W 11:15 to 1:00pm 5:45 to 9:00pm **	7:30 to 9:45am 11:15 to 1:00pm	
Thursday	2:15 to 3:15pm 7:45 to 8:45pm	11:15 to 1:00pm 2:15 to 3:30pm ** 5:45 to 9:00pm **	11:15 to 1:00pm 2:15 to 3:30pm	
Friday	8:30 to 9:30am	7:30 to 9:45am *W 11:15 to 1:00pm	7:30 to 9:45am 11:15 to 1:00pm	Sensitive Swim 7:30 to 9:00pm
Saturday		9:30 to 10:25am	9:30 to 10:25am	1:00 to 4:00pm 6:00 to 8:00pm
Sunday	7:45 to 8:45pm	8:00 to 9:30am 11:15 to 12:55pm 7:45 to 9:00pm **	8:00 to 9:30am 11:15 to 12:55pm	1:00 to 3:00pm
Questions? Call 705-759-5419 or Email johnrhodespool@cityssm.on.ca	Aquabics: Aquabics is a low impact, drop-in aqua fitness class for all ages! Classes are led by our trained instructors, however, participants may exercise at their own pace.	Lane Swim: Swimmers should swim in loop style in the proper lane (Slow, Medium, or Fast) in order to maximize the use of each lane. There are no reserved lanes. <u>Lane Swim Legend:</u> *W (widths only after 8:30am) **2 Lanes Available Only	Parent and Child: Parent and children come and play in our Beachfront and Lap Pools! If the child is not potty trained they must wear a swim diaper. See admission policy on back for details on age restrictions.	Family Day Schedule: Monday Feb.18 Parent & Child / Lane Swim 11:15 to 12:55pm Public Swim 1:00 to 3:00pm

Cancellations: February 1 (evening) 2 & 3

Pick up our March Break Schedule: March 10 to 16