Winter 2019 SWIM LESSONS

Parent Participation Week: Feb. 4-10

Clothing Week Feb: 11-17

DAY	Cancelled Classes			
Sundays	Feb. 3 & Mar. 10			
Monday	Feb. 18 & Mar. 11			
Tuesdays	Mar. 12			
Wednesdays	Mar. 13			
Thursdays	Mar. 14			
Fridays	Feb. 1 & Mar. 15			
Saturdays	Feb. 2 & Mar. 16			

^{*}All Lessons have 10 Classes*

Transferring from Preschool to Swim Kids Once your child turns <u>7</u> years old, they

enroll into the Red Cross Swim Kids Program!						
Preschool Levels	Level marked as:	Enroll into Swim Kids				
Sea Turtle	Complete or Incomplete	1				
Sea Otter	Complete or Incomplete	1				
Salamander	Complete or Incomplete	1				
Sunfish	Incomplete	1				
Sunfish	Complete	2				
Crocodile	Incomplete	2				
Crocodile	Complete	3				
Whale	Incomplete	3				
Whale	Complete	4				

Advanced Courses:

A detailed schedule of these courses can be found at the front desk and online under 'Lessons'.

Water Safety Instructor

Candidates must be 15 years of age and completed
Bronze Cross.

Skills Evaluation Dec. 17
Online Dec. 18 to Jan. 9
Teaching Experience Jan. 10 to Feb. 7
Classroom and Pool Feb.15-16. 22-23 & 28

National Lifeguard

Course begins February 7th. Candidates must be 16 years of age and completed Bronze Cross and Standard First Aid CPR C from either Lifesaving Society, St. John Ambulance, Canadian Red Cross, or Canadian Ski Patrol.

Babysitting Course

We will be offering 1 Babysitting Course this Winter. Candidates must be at least 11 years old. Tuesday, March 12th 9am -4pm

Online Registration

Beat the line! Register online. For more information visit us at www.johnrhodespool.ca





Winter 2019 Swim Lessons Schedule



Online Registration Begins: Tuesday Dec. 11 at 8:00 pm

In-Person Registration Begins: Thursday Dec. 13 at 9:00 am

Questions? Call 705 759 5419

Keep up to date by following us on Twitter

@JRCCPool and on Facebook at JRCC Pool

John Rhodes Pool: Winter Swim Lessons 2019			Classes run once a week (10 Lessons)					
Swim Level	Class Length	Mondays Jan 07-Mar 25	Tuesdays Jan 08-Mar 19	Wednesdays Jan 9-Mar 20	Thursdays Jan 10-Mar 21	Fridays Jan 4-Mar 22	Saturdays Jan 05-Mar 23	Sundays Jan 06-Mar 24
Starfish/Duck (Parent and Baby)	30 min	5:15, 6:15	5:15, 6:15	5:15, 6:15	9:15am, 6:15	6:00	11:30	9:30, 4:00
Sea Turtle (3 to 6 years)	30 min	4:45, 5:15, 5:45, 6:15	5:15, 5:45, 6:15	4:45, 5:15, 5:45, 6:15	9:15am, 5:15, 5:45, 6:15	5:30	11:30, 12:00,12:30	9:30, 4:00, 4:30, 5:00
Sea Otter (3 to 6 years)	30 min	4:45, 5:45, 6:15, 6:45	4:45, 5:15, 5:45, 6:15, 6:45	5:15, 5:45, 6:45	9:15am, 5:15, 5:45, 6:15, 6:45	5:30	11:00, 11:30, 12:00	9:30, 10:30, 4:30, 5:00
Salamander (3 to 6 years)	30 min	5:15, 5:45, 6:45, 7:15	4:45, 5:45, 6:45, 7:15	4:45, 5:45, 6:15, 6:45, 7:15	5:15, 5:45, 6:45, 7:15	5:30	11:00, 11:30	10:00, 10:30, 4:00, 4:30, 5:00
Sunfish (3 to 6 years)	30 min	5:45, 6:45	5:45, 6:45	5:45, 6:45	5:45, 6:45	6:00	11:00, 12:00	10:30, 5:00
Crocodile (3 to 6 years)	30 min	6:15	6:15	6:15	6:15	6:00	12:00	10:30, 4:30
Whale (3 to 6 years)	30 min	6:45	6:45	7:15	7:15		12:30	
Whale Plus (3 to 6 years)	30 min		6:45	7:15	7:15			
Swim Kids 1 (7 years +)	30 min	6:15	6:15	6:15, 6:45	6:15, 6:45	6:00	11:30	10:00, 3:15
Swim Kids 2 (7 years +)	30 min	6:15	6:15	6:15, 6:45	6:15, 6:45	6:00	11:30	10:00, 3:15
Swim Kids 3 (7 years +)	30 min	5:45, 6:45	5:45, 6:45	5:45, 6:45	5:45, 6:45	6:00	11:00	10:00, 4:00
Swim Kids 4 (7 years +)	30 min	5:45, 6:45	5:45, 6:45	5:45, 6:45	5:45, 6:45	6:00	12:30	10:00, 4:00
Swim Kids 5 (7 years +)	45 min	5:45	5:45	5:45	5:45		12:00	3:15
Swim Kids 6 (7 years +)	45 min	5:45	5:45	5:45	5:45		12:00	3:15
Swim Kids 7 (7 years +)	45 min	5:45	5:45*	5:45	5:45			3:15
Swim Kids 8 (7 years +)	45 min	5:45	5:45	5:45	5:45			3:15
Swim Kids 9 (7 years+)	60 min	6:30		6:30	6:30			3:00
Swim Kids 10 (7 years+)	60 min	6:30		6:30	6:30			3:00
Semi-Private Lessons Max. 3 children per class	30 min	7:15	7:15	7:15	7:15			
Private Lessons	30 min	6:30, 7:15	6:30, 7:15	6:30, 7:15	6:30, 7:15			9:30, 10:30
Family Lessons	45 min					6:30		
Bronze Star	60 min		6:30					5:30
Bronze Medallion Must be 13 or hold Bronze Star award)	2.0 hours							5:30
Bronze Cross (Must hold Bronze Medallion award)	2.0 hours							5:30
Adult Lessons	45 min	7:45	9:00am	7:45				
Red Cross Swim	**Some classes may be combined or cancelled due to low enrolment**							
Lesson Prices	Regular Lessons: Starfish to Bronze Star = \$76.30 Family Rate = \$44.15 (Applies to 3rd, 4th, and 5th child in regular lessons only)		Semi-Privates/Adults = \$105.60 Private Lessons = \$193.70		(Inlcudes: Man	Bronze Medallion = \$170.00 (Inlcudes: Manual & Workbook) Bronze Cross = \$120.00		









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