#### **Advanced Courses**

A detailed schedule of these course can be found at the front desk and online under lessons.

#### **Babysitting Course**

There will be 2 babysitting courses offered this summer. Candidates must be at least 11 years old. Cost is \$60. Wednesday, July 10, 9-4pm Wednesday, August 28, 9-4pm

#### **Water Safety Instructor**

Participants must be 15 years & possess Bronze Cross July 16 9:00am - 1:00pm - Skill Evaluation July 17 to August 11 - Online (self-paced) August 12 to 16 9:00am - 11:15am - Teaching Experience August 19 to 23 9:00am - 2:00pm - Classroom/Pool

# **National Lifeguard**

Registration will take place under Session # 3 where candidates will have a skills evaluation on July 17, 12:00 to 2:00pm. The course will continue in Session #7 Aug. 12 to 16 8:00am to 4:00pm daily. Participants must be 16 years, possess Bronze Cross, & Standard First Aid with CPR-C from a recognized provider. (Canadian Red Cross, St. John's Ambulance, Life Saving Society, or the Canadian Ski Patrol)

# **National Lifeguard Recertification**

The National Lifeguard certification is current for 2 years and is recertified by completing a NL recertification. We are offering a recertification August 16 9:00am - 2:30pm. Cost is \$50.

## **Bronze Medallion**

Session #1 (July 1 to 5) from 9:00am - 2:30pm. Session #3 (July 15 to 19) from 9:00am - 2:30pm Must have Bronze Star or be 13 years old.

## **Bronze Cross**

Session #2 (July 8 to 12) from 9:00am - 2:30pm Session #4 (July 22 to 26) from 9:00am - 2:30pm Must have Bronze Medallion.



Swimming lessons can keep your child healthy and active this summer. We offer the *Red Cross Swim* program, which is designed to emphasize water safety and swimming skills. Every lesson is taught by a qualified and competent instructor whose primary goal is helping your child toward skill development and success.

To register online or view our schedules visit us at johnrhodespool.ca.



# **Reminder to Parents:**

- Please hand in old report cards at the front desk.
- Sorry, there are no make-up lessons when you miss a class.

Any questions? We will be happy to help! Call us at 705 759 5419 or e-mail johnrhodespool@cityssm.on.ca



# Morning Swim Lessons Summer 2019



**Registration Begins:** 

Online: Tues. May 28, 2019 8:00pm

In-person: Thurs. May 30, 2019 9:00am



Stay Updated
Follow us on Twitter and Like us on Facebook
@JRCCpool / JRCC Pool



Morning Swim Lessons: Classes run Monday through Friday				Summer 2019		Morning lessons are a condensed program and run at the same time everyday for one week				
Swim Level	Class Length	Session #1 July 1-5	Session #2 July 8-12	Session #3 July 15-19	Session #4 July 22-26	Session #5 July 29- Aug 2	Session #6 August 5-9	Session #7 August 12-16	Session #8 August 19-23	Session #9 August 26-30
		There are lessons July 1, Canada Dav					There are lessons August 5, the Civic Holidav.			
Starfish/Duck Parent and Baby 4- 36 months)	45 min	9:45	9:45	9:45				9:00		
Sea Turtle (3 to 6 years)	45 min	9:00, 9:45	9:00, 9:45	9:00, 9:45	9:00, 9:45	9:00, 9:45	9:00, 9:45	9:00, 9:45	9:00, 9:45	
Sea Otter (3 to 6 years)	45 min	9:45	9:45	9:45, 10:30	9:45, 10:30	9:45, 10:30	9:45	9:45	9:45, 10:30	
Salamander (3 to 6 years)	45 min	9:00	9:00	9:00, 10:30	9:00, 10:30	9:00, 10:30	9:00, 9:45	9:45	9:00, 10:30	
Sunfish (3 to 6 years)	45 min	9:00	9:00	9:00, 10:30	9:00, 10:30	9:00, 10:30	9:00	9:00	9:00, 10:30	
Crocodile (3 to 6 years)	45 min	9:00	9:00	9:00	9:00	9:00	9:00	9:00	9:00	
Whale (3 to 6 years)	45 min	9:45		10:30		10:30		9:00		
Whale Plus (3 to 6 years)	45 min		9:45		10:30		9:45	9:00	10:30	
Swim Kids 1 (7 years +)	45 min	9:00	9:00	9:00	9:00	9:45	9:00	9:00	9:00	
Swim Kids 2 (7 years +)	45 min	9:00	9:00	9:00	9:45	9:00	9:00	9:00	9:45	
Swim Kids 3 (7 years +)	45 min	9:45	9:45	9:45	9:45	9:45	9:45	9:45	9:45	
Swim Kids 4 (7 years +)	45 min	9:45	9:45	9:45	9:45	9:45	9:45	9:45	9:45	
Swim Kids 5 (7 years +)	1 hour	9:30		9:15	9:15	9:15	9:30	9:30	9:15	
Swim Kids 6 (7 years +)	1 hour		9:30	9:15	9:15	9:15	9:30		9:15	
Swim Kids 7 (7 years +)	1 hour	9:30		9:15	9:15	9:15		9:30	9:15	
Swim Kids 8 (7 years +)	1 hour		9:30	10:15	10:15	10:15	9:30		10:15	
Swim Kids 9 (7 years+)	1 hour	9:30		10:15	10:15	10:15		9:30	10:15	
Swim Kids 10 (7 years+)	1 hour	9:30		10:15		10:15		9:30		
Private Lessons	45 min			9:00, 9:45, 10:30	9:00, 9:45, 10:30	9:00, 9:45, 10:30			9:00, 9:45, 10:30	9:00. 9:45, 10:30
Bronze Star	1.5 hours		9:00				9:00			
Bronze Medallion Age 13 or Bronze Star	5.5 hours	9:00 to 2:30		9:00 to 2:30						
Bronze Cross Must have Bronze Med	5.5 hours		9:00 to 2:30		9:00 to 2:30					
NLS (16 + Bronze Cross)	8 hours daily			July 17 12:00-2:00pm				MonFri. 8:00 to 4:00 Register in Session #3		
	Red Cross Swim			**Some classes i	may be combined	or cancelled due	to low enrolmen	t**	<u>~</u> 3°	
Lesson Prices	Starfish to Bronze Star = \$62.40		Bronze Medalion = \$170.00 Bronze Cross = \$120.00		Private Lessons= \$163.20		NLS= \$150.00		Family Rate= \$37.20	